

## When using your inhaler for the first time

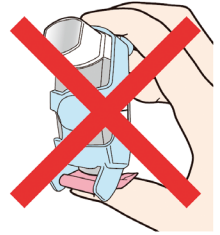
If your inhaler is new or it has not been used for more than 3 days, it must be primed as shown on the right before proceeding to **1**.

Shake the inhaler and keep it away from your body and **release four puffs** by pressing down the lever on the canister.

Spray  
**4 times**  
without inhaling



Hold the inhaler upright when pressing down the lever.



\*Above photo shows the inhaler with a spray-assisting device attached.

Continue to use Flutiform<sup>®</sup> daily even when you do not have any asthma symptom or attack. Flutiform<sup>®</sup> contains absolute ethanol as an additive ingredient. If you are sensitive to alcohol, please consult your doctor or pharmacist.

## How to use your inhaler correctly

**1** Remove the mouthpiece cover. Hold the bottom and lever of inhaler with your thumb, index and middle fingers, and shake the inhaler well.

Check the color of the dose counter.



**2** Breathe out lightly before putting the inhaler into your mouth.



**3** Put the mouthpiece in your mouth and hold the inhaler with your teeth gently. Press down the lever to release one puff, and breathe it in slowly and deeply through your mouth.

Press down firmly on the lever until the medicine is released in a puff.



**4** After inhaling the medicine, put the mouthpiece away from your mouth and hold your breath for at least 3 seconds.



**5** Breathe out slowly. Repeat Steps **1** to **5** for the number of times instructed by your doctor. After using the inhaler, replace the mouthpiece cover and store in a safe place.



**6** Always rinse your mouth out or gargle with water at least twice after using your inhaler.



# Use the spray-assisting device Full Push®

Full Push® is a leverage-assisted device developed especially for Flutiform® users to help pressing down the canister fully with a little effort.

## How to prepare the device



Insert Flutiform® into the Full Push® until it clicks as shown in the photo.

## Full push®-attached inhaler

Full Push® comes in two colors, green and pink.



- Full Push® is not enclosed with Flutiform®.
- It can be used repeatedly.

## When the dose counter turns red, visit your doctor for new inhaler

When the color of the dose counter turns red, it is time to get a new Flutiform®.

- When the canister is pressed, the counter moves automatically. The initial color of the counter is green. The color changes to yellow and eventually to completely red which indicates there will be about 20 more puffs left. Visit your doctor early to get a new Flutiform®.
- The numbers indicated on the counter look like the image below.



### 120-puff inhaler

120 · 110 · 100 · 90 · 80 · 70 · 60 · 55 · 50 · 45 · 40 · 35 · 30 · 25 · 20 · 15 · 10 · 5 · 0

### 56-puff inhaler

56 · 45 · 35 · 30 · 25 · 20 · 15 · 10 · 5 · 0

## Caution!

Do not use the inhaler after the dose counter reaches zero. You can still press down on the lever and actuate the inhaler, however, there will not be a sufficient dose left.

How to use Flutiform®  
(Japanese only)

<https://www.ffkyorin.jp/>

- Any transmission fee incurred when accessing the website is to be borne by the viewer.



KYORIN Pharmaceutical Co., Ltd.

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